

The La Honda Voice

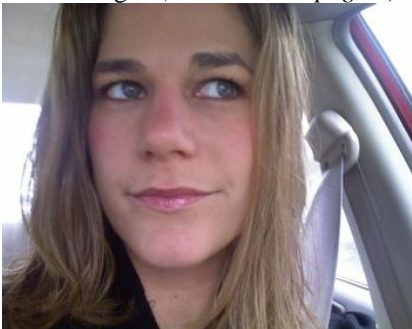


April 2011

La Honda Woman's "Out of the Darkness" Walk

Recently the La Honda Voice received a letter that said: "My name is Venesia Menary and I have lived on the Coastside for 10 years, currently in La Honda. I am participating in the Out of the Darkness Overnight Walk in June (in New York), which is an 18 mile journey through the streets to raise funds for the American Foundation for Suicide Prevention. They focus mainly on bringing awareness (and prevention) to suicide. I have done the walk before when it was held in San Francisco. I am also holding a fundraiser in May at the Old Princeton Landing for the Walk. I was wondering, considering the most recent losses to suicide here on the Coastside, if the La Honda Voice had any interest on running a story on what I am doing..."

What Venesia's request didn't say, but was posted on her "Out of the Darkness" donor site is how she had been personally impacted by suicides. "I have been affected personally by suicide, starting at a young age. Both of my parents committed suicide; my mother when I was 3 and my father when I was 16. It has been a long road, but I have been able to keep my head up and not let it affect the way I live my life in a negative way. I am so glad that there are resources out there for those that are suffering and am excited to be able to help bring these issues to light. (continued on page 3)



Venesia Menary

The Face of Local Music - Brian Sagrafena

by Craig Eddy



Brian Sagrafena
at the Bridge
Concert

I first met Brian halfway down Alpine Rd at a down tree. He had his chainsaw, and I pulled out mine. After clearing the road we were introduced. Brian had moved in about three years ago, one driveway below me. Turns out there was a drum set in the back of his car. At that time he had played in La Honda once or twice with Bundy Browne but didn't really know anyone else. In all the interviews I have done, everyone mentions the depth and variety of the music scene here in the La Honda area. Brian has made a name for himself in a very short time as a drummer, and quiet, unassuming all around nice guy. (continued on page 3)

Unusual Natural Events?

Since the last issue of the La Honda Voice, the local weather and other natural phenomena has been interesting, to say the least. From tsunami to earthquake to tornado warning to flooding to record high temperatures – after a while it seemed a bit odd! I may need to re-watch the movie 2012 for further clues!
(continued on page 2)

Unusual Weather (continued from page 1)



Okay – this was not a local tornado, but is enough to make you take notice when there is a tornado warning in the area

Here are some of the recent natural events:

Rain, Wind and Flooding

“...Drivers in Pescadero had their hands full for much of last week. Heavy rains and driving winds closed portions of both Highway 1 and Pescadero Creek Road for a time...”

(http://www.hmbreview.com/collection_e939a4e2-452e-11e0-ba62-001cc4c03286.html)

Flash Flooding and Blocked Roads

“Thursday’s rain storm packed a wallop, flooding roads, downing trees, utility cables and power lines and turning umbrellas into useless pieces of vinyl and metal. ..Flash flood warnings were issued by the National Weather Service for Pescadero Creek at 5 p.m. as water levels rose to just under the flood stage. And a fallen tree blocked traffic in both directions on state Highway 84 about three-quarters of a mile from Portola Road in Woodside, according to county emergency officials...”

Tornado Warning

“I just got an email warning from the San Mateo County emergency alert system about a tornado warning...”

(<http://groups.yahoo.com/group/LaHonda/message/25258>)

Power Outages

“On the Peninsula, about 1,200 customers were without power in areas including Pacifica, Pescadero, Loma Mar and La Honda...”

(<http://sfappeal.com/news/2011/03/500-san-franciscans-still-without-power-as-stormy-weather-continues.php>)

Tsunami

“Bay Area and state leaders reacted to the news coming from across the Pacific Ocean of the growing devastation in Japan following a Thursday night 8.9-magnitude earthquake and ensuing tsunami that killed hundreds and leveled entire communities. ... Along the Half Moon Bay Coastside area from Montara to Pescadero, no damage or loss of lives from the tsunami was reported, with the exception of an abalone farm that had broken loose in Pillar Point Harbor ... Brown issued a state of emergency in four counties across the state, including San Mateo and Santa Cruz...”

(<http://redwoodcity.patch.com/articles/state-and-local-leaders-respond-to-tsunami-earthquake-in-japan-2>)

Evacuations

“County officials are advising residents in the low-lying areas west of Highway 1 to move to ground east of the highway, according to the county's emergency alert system. ... Evacuation shelters are being established at ... Pescadero High School at 350 Butano Cutoff, officials said.”

(http://www.mercurynews.com/breaking-news/ci_17591761)

Local Earthquake

“Historic earthquake shakes the coast - Largest regional quake since 1970 hits coastal waters”



location of quake

“The largest earthquake within a 20-mile radius of Half Moon Bay in more than 40 years shook coastal waters last week. The 3.4 magnitude earthquake hit 18 miles off the coast of Half Moon Bay on Friday morning, nowhere near the fault lines that drive the regular rolling of Bay Area quakes...”

(http://www.hmbreview.com/news/article_475e372e-4500-11e0-97c8-001cc4c03286.html)

The Face of Local Music - Brian Sagrafena
(continued from page 1) The music scene in La Honda was a little short of drummers for awhile there, and Brian has been welcomed into the fold. He has played gigs around town with several of the local bands and is a regular at some of the jams.

Brian grew up on the Peninsula and played sax first in school, then switched to drums. Eventually he found his way to La Honda with his partner Erika. Before the move to La Honda, Brian was doing a lot of recording. He co-wrote and recorded projects for other bands, as well as his own. Here's where the story gets good. A few years back Brian was at a Superbowl party where some drummers got together. During halftime they would all take a drum solo. Brian got up and played. One of the people there invited Brian to head down to his house to play some music. That person turned out to be the bass player from Metallica, named Jason. They became friends and still get together to play music from time to time. At one session Brian and his songwriting partner gave a demo of their songs to Jason. That cassette demo tape morphed into a three year run with the band Echo Brain. Brian did the tour scene and had a great time while it lasted. For now he seems to be enjoying playing around town with some of the local acts when they need a drummer. His real plan is to put together another recording studio and get back to that side of the music biz. Hey folks, the lesson here is get your music out there for people to hear! Put it out on the internet. You never know what might happen.

Brian has been playing with the band Pathetic Honey out of Skylonda, who will be playing the La Honda Fair this year.

La Honda Woman's "Out of the Darkness" Walk (continued from page 1)

I know how important it is to have the support needed to get through these tough times. I have watched my husband and his friends go through the loss of a very dear friend in these recent years; it has been a blessing to know that there is support out there. Please help me and make a donation today, any amount is welcomed. I appreciate your taking the time to read this, thank you."

The Half Moon Bay Review ran a recent article on Venesia that added (excerpt from http://www.hmbreview.com/news/article_e561f164-5bf2-11e0-ae4d-001cc4c002e0.html)

"...Growing up amid the death of her parents, Menary observed how mention of them would immediately silence a conversation. People would get uneasy talking about suicide victims, and she said it often felt as if her parents had been erased from history. 'It was the big white elephant in the room,' Menary said. 'It was hard growing up when no one wanted to talk about how both my parents committed suicide.' Now 28 years old, Menary is relaxed and frank when discussing the losses experienced in her life. For her, a big step came a few years ago when she attended the Out of the Darkness Overnight Walk in San Francisco, an annual suicide prevention rally. The large gathering brought together people from across the nation who were trying to prevent such tragic losses and to raise public awareness about suicide victims..."

The Out of the Darkness Overnight Experience is an 18-mile walk over the course of one night. Net proceeds benefit the American Foundation for Suicide Prevention, funding research, education, and awareness programs – both to prevent suicide and to assist those affected by suicide. It's a unique opportunity to bring the issues of depression and suicide into the light as we walk together to turn heartbreak into hope for tomorrow. A suicide attempt happens every minute of every day. Venesia's work seems even more poignant and urgent knowing that a 14-year-old student at Pescadero Middle School recently took his own life

As an amateur belly dancer, Menary also asked fellow dancers to help put on entertainment for the fundraiser. The event will be held at 7 p.m. on May 7 at the Old Princeton Landing. Admission is \$10.

(<https://www.facebook.com/event.php?eid=107173242697706>)

If you would like to learn more or help Venesia's fundraiser for the American Foundation for Suicide Prevention, go to her donor website: <http://theovernight.donordrive.com/index.cfm?fuseaction=donorDrive.participant&eventID=500&participantID=1271>

**Cuesta La Honda Pool Season
Lifeguards Wanted**

Are you, or do you know someone, interested in being a lifeguard at the pool this summer? Contact Head Lifeguard, Linda Meehan to learn about how to become certified and/or apply for the 2011 season.

(contact information at <http://groups.yahoo.com/group/LaHonda/message/25408> or call the Guild office)

The Fukushima Reactor is directly across the Pacific from San Gregorio State Beach!

An interesting piece of information was posted at <http://jidanni2.blogspot.com/2011/03/fukushima-reactor-is-just-across.html> about the recent Japanese nuclear accident. It says, "The Fukushima I nuclear accidents location is just across (the Pacific Ocean, at the exact same latitude) from San Gregorio State Beach, California!" Although radioactive waste certainly wouldn't drift in a straight line, this is an odd fact that makes us all think about how disasters could happen anywhere.



Directly across the pacific...



...from San Gregorio



...is the Fukushima Nuclear Plants

**New LHPUSD Member
Humberto Perez**

(excerpt from http://www.hmbreview.com/news/article_de4aed72-4ffe-11e0-aace-001cc4c002e0.html)

"Humberto Perez has joined the La Honda Pescadero Unified School Board as perhaps the youngest school board member on the Peninsula. He's helping to balance the struggling school district budget, while studying at SF State, and then heading to Norma's Market to work as a stock boy."

"Spending his whole life in Pescadero, 19-year-old Humberto Perez carved out a reputation as someone always willing to help out. When anyone around the school needed a Spanish translator, Perez was the go-to guy. When teachers needed someone for a quick errand, they trusted Perez. And when a coach needed an extra player to fill out a team, he was always willing to step up.

But last month school officials approached the teenager with a more serious request. Would he be willing to help run the La Honda-Pescadero Unified School District?...Perez wrote a letter of interest to the school district last month, and as the only candidate for the position, the school board unanimously accepted him. Now just one year after completing his K-12 education, the 19-year-old is in a newfound position of authority over his former teachers, principals and coaches. That means countless hours of meetings, balancing a \$4.2 million district budget, and providing leadership for teachers who remember him sitting in their classrooms..."He's young, but I don't care," seconded La Honda Elementary School Principal Kristen Lindstrom, who formerly taught Perez. "He's our success story..."Perez is the first Hispanic school board member in years at the La Honda-Pescadero district, noted board president Andy Wilson..."

**La Honda Fire Brigade
Crab Cioppino Time**

The La Honda Fire Brigade's annual Bill Glass Memorial Crab Cioppino Dinner and Dance is Saturday , April 9.

Come enjoy crab cioppino, salad, garlic bread and cake. Dance to music played by DJ Johnny Midnight and win some great raffle prizes.

(<http://groups.yahoo.com/group/LaHonda/message/25113> or from the fire brigade)

SOLD OUT

Pescadero Radio Station Moves on

(excerpt from http://www.mercurynews.com/breaking-news/ci_17703317)



“Station director and chief visionary Daniel Roberts, aka "Monkey Man," abruptly left town for England back in November to attend to some family problems. He left the station without access to its bank account, and he also left behind a lot of questions about the station's relationship with Pirate Cat Radio, Roberts' trademark station that streams live on the Web from San Francisco.

The staff of Pirate Cat, which operates out of a cafe in San Francisco's Mission District, was shocked last month to learn that Roberts had sold the cafe to an investor and "transferred" the Pirate Cat Radio stream to Pescadero Public Radio Service, a foundation that operates KPDO, where Roberts was president of the board of directors. Then he suspended the operations of Pirate Cat.

...The station's staff recently took control of its operations in a similar vein to the Pirate Cat Radio Collective, albeit with Roberts' tacit consent. After Roberts signed a waiver, the board of the Pescadero Public Radio Service shifted him to vice president. Worden, who acquired the station's FCC license in 2003, is assuming her original position as president.

... Worden is holding discussions with the La Honda-Pescadero Unified School District about moving KPDO into Pescadero High School, which would allow the station to set up a separate production studio geared toward teaching high school students all aspects of radio.”

South Coast schools pursue state refunds - District lost years of state mandate reimbursements

excerpt from http://www.hmbreview.com/news/article_a33aed9a-5634-11e0-9363-001cc4c002e0.html

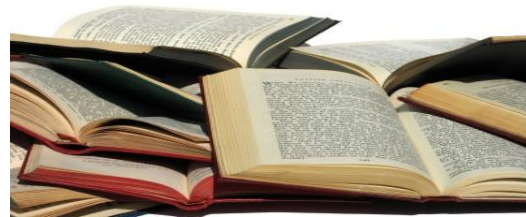
“South Coast schools have been eligible for government reimbursements worth tens of thousands of dollars for meeting California state

standards, but past administrators reportedly never filed the paperwork to get it. Trustees for the La Honda-Pescadero Unified School District were informed earlier this month that the district had lost out on years of refunds, but the district could still recoup as much as \$90,000 for the last two years... the state Controller's Office provided reimbursements for some mandated duties put on local school districts, such as performing criminal background checks on employees, administering state testing and following certain fiscal guidelines... 'Somebody really dropped the ball on this for many years,' summarized board member Bob McCahon”.

LHES Helps Create Ghana Library

(excerpt from http://www.hmbreview.com/community/article_f1567f48-4505-11e0-9bf1-001cc4c03286.html)

“Looking to foster education in the small West African country, local residents and students at La Honda Elementary School are collecting used children's books to ship overseas. Those books would travel 7,000 miles away to fill the shelves of a proposed library attached to the Ardobaa Methodist Primary School in the northern farming region of Ghana. The charity work is part of the African Library Project, a six-year-old nonprofit founded in nearby Portola Valley. Over the years, the nonprofit leaders say they have shipped 637,000 used books from America to Africa. "It's such an eloquent idea, to gather our used paperbacks and to ship them to people who can use them," said La Honda resident Kathryn Ryan, the local organizer for the collection. "Sometimes these libraries are the best in the town.”



...The La Honda community has already donated more than half the needed money to ship the books with the help a local yoga class and literature group, Ryan said. La Honda students are also starting a pledge drive to collect donations based on how many books they can read. Ryan said it would be nice to build a library in La Honda someday, but she says the community doesn't need one as much as readers in Ghana do...”

Kids Workshops

“... A couple folks in the community have inquired about the possibility of some weekly workshops for kids based on writing and storytelling. I will be doing something along these lines in Half Moon Bay as well, but I'd like to float some info out there and see what we have here in La Honda/Pescadero. As you may have experienced in the past, I have a hard time staying straight and narrow once I get in front of a keyboard, but let's give it a try:

For those new to La Honda, I am a 35 year La Honda veteran, father of 3 daughters, journalist, and for the past 20 years, creator of BOOMERANG! (boomkids.com), a Kid's AudioMagazine about Big Ideas. In the past I have conducted creative workshops in local school districts. What I have in mind is a series of weekly, hour-long workshops for ages 6-12. Each workshop will be broken down into pieces

Character Development: where we discuss favorite literary characters, what makes them come alive, how well-developed characters will take over a story.
Description and texture: where we dissect the elements that spell the difference between captivating and ho-hum.

At the end of each workshop I will read a short piece and invite discussion about various tricks of the trade displayed within. Of course a lot of water goes over the bridge between ages 6 and 12. Your 6 year old will get introductory storytelling pieces out of this. Your 12 year old, a pallet of concrete writing tips.

I'll be asking \$10 for each session. If I get enough paying customers, there will room available for a few to slide in for free.

Again this is an exploratory post. The venue and time will be put together once I get an indication of level of interest. 4 pm on a weekday might be floated. Key to this venture is flavor: I want to work with kids who are open to the creative spirit. If kids don't look forward to this session, something is wrong. My aim is to entertain and inspire.

If you are possibly interested in such a program, please reply to me off list...I would like to get this up and running ASAP. Once I get a bead on local interest we will move to stage 2.

Thanks a bunch David Strohm”

(respond on message board -

<http://groups.yahoo.com/group/LaHonda/message/25170>)

La Honda Easter Egg Hunt Short update and a Request

“Hi everyone - We have Easter coming up and we're planning on having the annual Easter Egg Hunt. More details to follow in the next couple of days. BUT, we need some help. We need a couple of adults to help supervise the set up, the actual event and post event cleanup. We will have our community work high schooler volunteers to do a lot of the work (Pizza seems to keep 'em focused), but, with the turnout these past couple of years, we need help.

I am also looking for someone to help the Easter Bunny. We have a wonderful outfit for that lucky someone!!! Help make this a really nice event for our local children. Lend a hand and help our community host a wonderful experience for our kids.”

Please contact Kristen Petersen or the Guild office. (contact numbers on message board - <http://groups.yahoo.com/group/LaHonda/message/25211>)



Zeolite occurs near La Honda

AMindat.com, mineral and locality database says that there is, “A zeolite occurrence near La Honda.” The website doesn't give details of exactly where the zeolite is located. (<http://www.mindat.org/loc-208564.html>)



Zeolite

April 6 Cuesta General Membership Meeting - presentation on trails & volunteers

"I hope that everyone interested in La Honda trails will come to the Cuesta General Membership meeting on April 6. If you're a Cuesta member, come for the whole meeting! The business part of the meeting will begin at 7 PM, and will last about 1 hour. There will be lots of interesting information about what the Guild is doing.

Toward the end of the hour, we will talk about recreation — including trails — and the plan for installing solar panels to warm up the pool water. During the volunteer appreciation & refreshments (did you like the cakes last time?), we'll show a set of PowerPoint about trails in La Honda that will include a bird's-eye view of La Honda topography created with LIDAR (mapping with a laser beam, shot from an overflying airplane), views of the trails, and information about the current La Honda Trails Committee project: recontouring the trail that connects the Swing Trail to Pescadero Rd. This trail has a new name: the Nutmeg Trail, because some rare California Nutmeg trees (*Torreya californica*,

<http://trees.stanford.edu/ENCYC/TORca.htm>)”
Sally Bachman



California Nutmeg

‘PS: We will also be looking for volunteers to work on the April 24 Easter celebration. All La Honda volunteer activities welcome non-Guild members, too!

(from <http://groups.yahoo.com/group/LaHonda/message/25329>)

La Honda Garden Wishlist

“Dear La Honda Community, The La Honda Elementary School is looking for donations of materials for our school garden. We make use of lots of recycled materials and some things that may be trash for you can be treasure to us! Please contact the garden instructor, Julie or the

school office at 747-0051 if you have any of the following materials you'd be willing to donate. We might even be able to arrange pick up of items.”

- plywood scraps (1/2" in. thick) for garden signs
 - old and/or chipped, colorful ceramic mugs and plates (for making garden mosaic stones)
 - *clean!* popsicle sticks (plant markers)
 - weed-free old straw bales (for composting...the moldier, the better sometimes!)
 - wicker/vine baskets with handles (for harvesting in the garden with kids)
 - *clean!* baby food jars (for making lip balms and other garden collecting and culinary projects)
 - stakes for tomatoes/trellising (about 2" diameter...could be collected straight redwood or doug fir branches)
 - nursery plastic six packs or 4" pots (for planting seedlings)
 - horse manure (preferably aged at least 3 months, but we can let it sit at our site as well)
- Your support helps our garden grow and we thank you for your help!

(contact information at -

<http://groups.yahoo.com/group/LaHonda/message/25323>

South Coast schools grieve deaths

(excerpt from

http://www.hmbreview.com/news/article_c8e496d4-500a-11e0-b073-001cc4c002e0.html)

“It has been a tragic time for the close-knit network of families and employees at the La Honda-Pescadero Unified School District after the death last week of two people - a teenage student and an active high school volunteer. The teenager, a 14-year-old student at Pescadero Middle School, suffered life-threatening injuries from a gunshot on the evening of March 8. Sheriff's officials have characterized the death as a suicide. The teenager was rushed to Stanford Medical Center, where he remained in critical condition. He reportedly died hours later... The South Coast school district was already feeling a sense of loss after the death of Larry Brown earlier in the week. A well-loved volunteer with the Vikings Booster Club at Pescadero High School, Brown died on March 6 from a lack of oxygen caused by problems with an oxygen tank he uses. A retired Sears technician, the 59-year-old Brown was known for designing fliers, tickets, posters, banners, and other materials for student athletics and fundraisers...”

La Honda Winery Event - "2nd and Final 'Bottle Your Own' "

On April 16th, Saturday, 12-4, a wine event featuring Petite Sirah for just \$5/bottle with your glass, \$7/bottle with our glass at La Honda Winery, Redwood City, CA

...And start saving your recycled wine bottles... We'll be hooking up our bottling line to a tank of deep dark inky Petite Sirah and filling your clean recycled wine bottles with the wine bargain of the century

Go to www.lahondawinery.com for details

Would you like more transportation options in and out of La Honda?

"...This questionnaire is at the post office. We need your input to determine if we should move forward with this project. Please take a moment to fill it out and drop it off in the box marked 'transportation' at the post office. If you can't print this, there are also copies available at the post office. You are also welcome to email the completed form to Lynnette Vega.

The deadline is Friday, April 8.

Thank you,

Celia J. Gagnon - Volunteer, La Honda Village Connection"
650-787-8095

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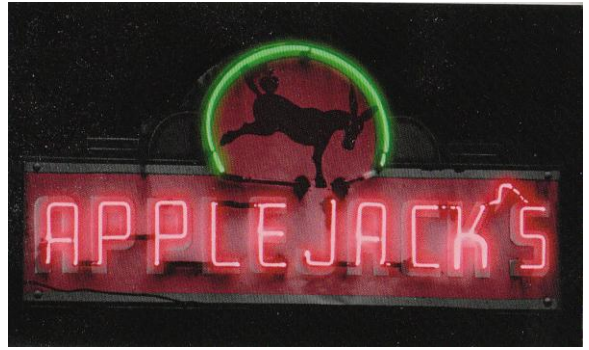


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**Contact Angus Blackwood or Robert Worthington at
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KELLEE'S
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650-288-2418 650-747-0218
 KELLEEK9@yahoo.com



Sullivan's has \$10.00 specials on Thursday night starting at 5:30pm until 8:30.
 Friday, Saturday and Sunday live music and a varied menu including Breakfast Specials and Dinner Specials.
 Sullivan's is a family orientated and family owned restaurant.
 Look forward to seeing you soon, 8865 La Honda Road 747-9220
 We take reservations and book gatherings.

S
G
E
R
C

**San Gregorio
 Environmental
 Resource Center**

*Tom &
 Devora Bratton*



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Property Listings: www.gailhafel.com Country & Coastside Real Estate Sales

La Honda Events Calendar



April 2011						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 The Day Late Fools @ Sullivans, 7:30pm Jim Moore and Funktional Soul @	2 Amateur Radio Club licensing exam prep, 9am DB Walker @AJ's,9:30pm TBA @ Sully's,
3 Amateur Radio Club License Prep, 9am Yoga with Mary @ Clubhouse, 10am	4 Yoga with Mary @ Clubhouse, 4pm	5 Yoga in Balance with Sukha @ Clubhouse, 10am	6 Cuesta BOD Meeting, 7:30pm	7 Yoga in Balance with Sukha @ Clubhouse, 10am Meditation Group with Eric @ Clubhouse, 6:30pm	8 TBA @ Sullivans, 7pm Lighthouse @ AJ's, 9:30pm	9 Transport Survey results,10:30am Fire Brig Ciop, 6pm Saxyman /Lads @ Sullys, 7:30p Stone Foxes @ AJ's,
10 Yoga with Mary @ Clubhouse, 10am Saxyman and the Lads @ Sullivans,	11 Yoga with Mary @ Clubhouse, 4pm	12 Yoga in Balance with Sukha @ Clubhouse, 10am	13	14 Yoga in Balance with Sukha @ Clubhouse, 10am Med Group with Eric @Clubhouse,6:30p	15 Bundy Browne @ Sullivans, 7:30pm 11 Wails @ AJ's, 9:30pm	16 TBA @ Sullivans, 7pm Saxyman and the Lads @ AJ's,
17 Yoga with Mary @ Clubhouse, 10am TBA @ Sullivans, 7pm	18 Yoga with Mary @ Clubhouse, 4pm	19 Yoga in Balance with Sukha @ Clubhouse, 10am	20 Cuesta BOD Meeting, 7:30pm Stan Erhart Band @ AJ's, 8:30pm	21 Yoga in Balance with Sukha @ Clubhouse, 10am Meditation Group with Eric @ Clubhouse, 6:30pm	22 Lighthouse @ Sullivans, 7pm T and Co. @ AJ's, 9:30pm	23 TBA @ Sullivans, 7pm Mike B and Family @ AJ's, 9:30pm
24 Yoga with Mary @ Clubhouse, 10am	25 Yoga with Mary @ Clubhouse, 4pm	26 Yoga in Balance with Sukha @ Clubhouse, 10am	27 Lit Night, 7pm	28 Yoga in Balance with Sukha @ Clubhouse, 10am Meditation Group with Eric @ Clubhouse, 6:30pm	29 TBA @ Sullivans, 7p Year of the Wildcats @ AJ's, 9:30p	30 John Henry's Farm CD release @ Sullivans, 7p Linda Martians @ AJ's, 9:30p